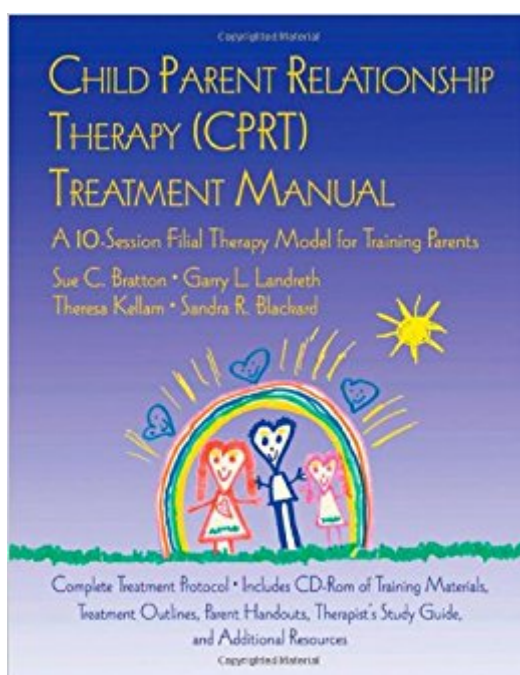


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# Child Parent Relationship Therapy (CPRT) Treatment Manual: A 10-Session Filial Therapy Model For Training Parents (Volume 2)



## Synopsis

This manual is the highly recommended companion to CPRT: A 10-Session Filial Therapy Model. Accompanied by a CD-Rom of training materials, which allows for ease of reproduction and enhanced usability, the workbook will help the facilitator of the filial training and will provide a much needed educational outline to allow filial therapists to pass their knowledge on to parents. The Treatment Manual provides a comprehensive outline and detailed guidelines for each of the ten sessions, facilitating the training process for both the parents and the therapist. The book contains a designed structure for the therapy training described in the book, with child-centered play therapy principles and skills, such as reflective listening, recognizing and responding to children's feelings, therapeutic limit setting, building children's self-esteem, and structuring required weekly play sessions with their children using a special kit of selected toys. Bratton and her co-authors recommend teaching aids, course materials, and activities for each session, as well as worksheets for parents to complete between sessions. By using this workbook and CD-Rom to accompany the CPRT book, filial therapy leaders will have a complete package for use in training parents to act as therapeutic agents with their own children. They provide the therapist with a complete package for training parents to act as therapeutic agents with their own children.

## Book Information

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## Customer Reviews

"If you want to use this well established program, you will want to have this manual to guide you. It provides everything that the therapist and parent need to know to carry out their respective CPRT

roles effectively." - Louise Guerney,Â Director of Play and Filial Family Training, National Institute of Relationship Enhancement, Maryland, USA "The detailed Therapist and Parents Notebooks allow the therapist easy implementation of the treatment protocol. The parent handouts are specific and clear. The CD-Rom provides the therapist quick access to professional quality materials. This manual and the text provide the play therapy field with a thorough and detailed CPRT protocol. The field and those we serve are richer for it." - Linda E. Homeyer,Â Associate Professor of Professional Counseling at Texas State University, San Marcos, USA "The authors present all information for therapists clearly, thoroughly, and in a well-organized manner.Â In addition, the detailed study guide section offers metaphors to enliven material, encouragement to model skills that are taught, guidance for optimizing group dynamics within sessions, and ways to display empathy toward parents.Â Another major asset of the CPRT Treatment Manual is the amount and quality of the material for distribution to parents.Â These attractively designed materials are written in accessible language for parents, share the rationale behind the techniques, and present skills in a gradual and structured fashion to ease implementation.Â In sum, those clinicians who have experience with filial therapy and those who want to use this treatment approach will find this treatment manual to be extremely helpful.Â The authors are well-regarded experts in this area; they adeptly share their scholarly knowledge and clinical wisdom in this accessible and practical book." - Steven A. Meyers,Â PsycCritiques, Contemporary Psychology:Â APA Review of BooksÂ

Sue C. Bratton, Ph.D., LPC, RPT-S is Associate Professor in the Department of Counseling, Development and Higher Education at the University of North Texas and the Director of the Center for Play Therapy. She is a past President of the Association for Play Therapy. Garry L. Landreth, Ed.D, LPC, RPT-S is a Regents Professor in the Department of Counseling, Development and Higher Education at the University of North Texas. He is the Founder of the Center for Play Therapy and Director Emeritus of the Association for Play therapy. He is also the author of Play Therapy: The Art of the Relationship, Second Edition and several other books on the topic. Theresa Kellam, Ph.D. is in private practice in individual, couples, and family counseling in Arlington, Texas, and is an adjunct professor at Tarrant County College. She has worked as a filial therapy program director and primary researcher at the Child and Family Guidance Center in Dallas, Texas. Sandra R. Blackard, M.A. is an independent consultant in communication and training. She has previously designed and self-published a series of training manuals for parent-child communication courses, "Language of Listening."

Great resource for working with parents.

I really like the materials and think that it will really benefit the children when their parents get on board and have confidence in how they can't help their own child. I am giving a lower score because the book is promised with a CD-rom and I never received the CD rom. It is going to be a pain to copy the pages out of the workbook. Very disappointed and misled!

LOVE this. Wonderful resource. Can be used with individual families too rather than solely groups.

Excellent information.

I really like this model of therapy for parents with young children. It provides support for parents, as well as special playtime for children. It includes a CD-Rom with all the handouts, and manuals for parents and therapists. My only complaint is that it is not completely compatible with a Mac. You can download the documents on the CD, but the program with the table of contents doesn't run. Also, including some sample play therapy videos with the manual would make it more complete. Overall, I plan to use this manual with parents, and find it a good addition to my collection.

Amazing!

This book is based on the premise that you are teaching a parenting class-group which is not clear in the description. And the parent manual is extremely juvenile. Its almost embarrassing to give the handouts to parents I am working with because it is written at about a 4th grade leve.

I found this book to be a gift to me as a counselor working with you very young children and their parents.

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